

Application form

ensa instructor training Mental Health First Aid: focus Adults or Youth

Please complete this application form so that we can carefully consider the requirements for the Mental Health First Aid training: focus Adults or focus Youth.

Surname, First Name:

Email:

Training registration:

Focus Adult	Focus Youth
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Ensa course completed on / Course or webinar number:

Date:	Webinar/Course no:
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Question 1.

The ensa Mental Health First Aid course is aimed at adults in the general public or working in companies/organisations having an interest in mental health. We would like to learn more about your experience and skills that will enable you to lead a course as an ensa instructor.

1a.

Please list your most important qualifications and relevant further education:

Qualification:	
Institution	
Year of graduation (yyyy):	

Qualification:	
Institution	
Year of graduation (yyyy):	

Qualification:	
Institution	
Year of graduation (yyyy):	

1b.

What personal or professional experience and qualifications do you have in dealing with people with mental health disorders and their treatment? Your answers must indicate that you are familiar with mental health disorders, their treatment and the services and support they offer, or that you are willing to acquire this knowledge yourself.

Answer (max. 200 words):

1c.

What experience and/or qualifications make you a competent ensa instructor (also in terms of teaching, communication, as well as social skills)?

Answer (max. 200 words):

1d.

Do you have any other experience or skills that could be relevant for your future work as an ensa instructor?

Answer (max. 200 words):

Question 2.

Do you work in an organisation that will support or employ you as an ensa instructor in the long term?

If you are self-employed, please briefly describe how you intend to deliver ensa mental health first aid courses once you have obtained your certification.

Answer:

Yes	No
Organisation:	
Self-employed:	

Question 3.

Are there any target groups that you are particularly suitable to / that are of particular interest to you? If so, which target groups? What experience do you have in dealing with the relevant target groups?

Answer (max. 200 words):

Question 4.

One of the aims of the ensa courses is to reduce the stigmatisation of people with mental health issues. In your opinion, why do negative views on mental health conditions persist amongst a large section of the population?

Answer (max. 200 words):

Question 5.

In your opinion, what are the most important skills required to deliver an ensa course?

Answer (max. 200 words):

Question 6.

What are the 3 main reasons why you would like to become an ensa instructor?

Answer (max. 200 words):

Question 7.

What would you do if a person in an ensa course that you are teaching breaks down psychologically?

Answer (max. 200 words):

Additional comment

For non-Swiss citizens:

Residence permit:	
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Note

- All your information will be treated confidentially.
- Your dossier will remain with the Swiss Foundation Pro Mente Sana.